



Summer Camp 2008

Our tennis summer camp is a good option for the summer holidays. The tennis players can enjoy sports, improve their tennis level and participate in official tournaments.

Facilities

Riba Competición's activities take place in the privileged facilities of the C.A.R. (High Performance Center) in Sant Cugat del Valles, located at 500 mts far from the Sant Joan's station (Ferrocarrils de la Generalitat de Catalunya – FFCC) and near Barcelona city .

The C.A.R. offers a full range of services to make the sportsman and trainers works easier, and thus achieve the maximum performance, always taking great care of the education and health of the player.

We train in four outdoor clay courts and two outdoor hard courts, as well as four indoor hard courts.



Daily Schedule

Non boarding

- | | |
|--------------------------|--|
| ● Frome 9h to 12'30h: | Technical and physical training |
| ● From 13'15h to 15'30h: | Lunch and break (at the CAR) |
| ● Frome 15'30 to 18'30h: | Competition training (individual and double matches) |

Boarding

- 8'15h: Breakfast
- From 9h to 12'30h: Training and physical training
- From 13'15h to 15'30h: Lunch and break (at the CAR)
- From 15'30 to 18'30h: Competition training (individual and double matches)
- 20'15h: Dinner

Weekend activities are organised for the boarding players : Sightseeing , museums, cinema

Nutrition

The C.A.R. has a nutrition's specialists team that is in charge of the preparation of the menus.

Residence

The tennis players can stay at the C.A.R. residence if required, in double or quadruple rooms with bath, TV and telephone.



Competition

The participation in tournaments is a very important issue to achieve a high performance, this is why our program includes the enrolment to official tournaments in Barcelona area.

Schedule

Non boarding players : Arrivals Monday at 9h and departures Friday at 18'30h

Boarding players : Arrivals on Sundays from the 15hrs on and departures on Saturday morning

AVAILABLE WEEKS	
1st Week	30th of June to 4th of July
2nd Week	7th to 11th of July
3rd Week	14th to 18th of July
4th Week	21st to 25th of July
5th Week	28th of July to the 1st of August
6th Week	4th to 8th of August
7th Week	1th to 15th of August

- You can choose the number of weeks. We suggest 2-3 weeks, depending on the age.

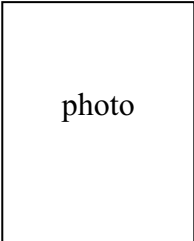
Prices

PRICES		
	BOARDING	NON BOARDING
1 WEEK	650,00 €	295,00 €
2 WEEKS	1.300,00 €	590,00 €
3 WEEKS	1.900,00 €	800,00 €
4 WEEKS	2.500,00 €	1.000,00 €

Documentation

The following documentation must be provided:

- Photocopy of identity card or passport
- 1 photograph
- Online Registration Form duly completed.
- Photocopy of Social Security card
- Proof of payment of the total amount .



REGISTRATION FORM

PROGRAM	TENNIS SUMMER CAMP RIBA COMPETICION 2008		
NAME :			
SURNAME :			
ADDRESS :			
ZIP CODE :			
CITY :			
COUNTRY :			
HOME PHONE :			
MOBILE PHONE :			
E-MAIL :			
DATE OF BIRTH :			
PASSPORT No.:			
FATHER'S NAME :			
MOTHER'S NAME :			
LICENCE No			
Please state the number of weeks and dates required			
1 WEEK		ACCOMMODATION 1 WEEK	
2 WEEKS		ACCOMMODATION 2 WEEKS	
3 WEEKS		ACCOMMODATION 3 WEEKS	
4 WEEKS		ACCOMMODATION 4 WEEKS	
		AIRPORT PICK UP / DROP OFF	
TOTAL AMOUNT:		TOTAL AMOUNT ACCOMMODATION :	