



With this Program, Riba Competition seeks to know the real needs of the young tennis players (in ages between the 12 and 18 years) to find the best solutions.

First of all, we bear in mind the worry of the parents about combining the illusion of practicing a sport in a responsible way with the motivation to finalize the studies, in a healthy, safe and reliable environment.

Secondly, we consider the interest and motivation of these young tennis players, to defend and to fight by its necessities and objectives. Riba Competition offers a program to them of complete training, carried out by a professional team that gives help and support to him, as well as excellent facilities.

For Riba Competición the humane aspect is fundamental. We offer to our students a personalized attention, which is possible creating reduced groups of no more than 16 students.

Task Force

Riba Competition has a professional task force with more than 20 years of experience in the world of education and the teaching of Competition Tennis.

Our tennis players have at disposal different professionals specific to each necessity: the *psychologist* through a customized pursuit helps the players to achieve the maximum tennis performance, as well as to find the emotional balance both at personal level and in competition. The *tutor* assumes the general formation of the student and informs to the parents, every two months, of the results of his son (he makes the monitoring of the studies, prepares the complementary sessions of formation, controls the regulations and the nutrition). The *physical trainers* are responsible for the safe and strong growth of the players. The *medical service*, oriented to the prevention, diagnosis and recovery of injuries

Facilities

Riba Competicion's activities take place in the privileged facilities of the C.A.R. (High Performance Center) in Sant Cugat del Valles, located at 500 mts far from the Sant Joan's station (Ferrocarrils de la Generalitat de Catalunya – FFCC) and near Barcelona city .

The C.A.R. offers a full range of services to make the sportsman and trainers work's easier, and thus achieve the maximum performance, always taking great care of the education and health of the player.

We train in four outdoor clay courts and two outdoor hard courts, as well as four indoor hard courts.



Education

We understand that the academic and human training of each person is as much or more important than sport training, the sportsmen of the C.A.R. have the option to attend classes of Compulsory Secondary Education at the Institute located in the same facilities, counting on a highly qualified teaching staff. (<http://ies.car.edu>)

Nutrition

The C.A.R. has a nutrition's specialists team that is in charge of the preparation of the menus.

Accommodation

There is the possibility of accommodation at 5 km far from the C.A.R (training centre). The residence is in privileged surroundings, and has great hectares of gardens, as well as of a swimming pool. The atmosphere, healthy and familiar makes this house unique in their species. Riba Competition takes the responsibility of the displacements, with a vehicle of the own company. We have two possibilities of accommodation: From Monday to Friday Monday to Sunday (inclusive of weekend).



Competition

For a high performance and its consolidation as a players, it is important the participation in tournaments. This is why our training program includes the accompaniment to tournaments such as the ones organised by the Spanish and Catalan federation , as well as the ITF, WTA, and ATP.

Schedule

From 12th to 13-14th years old

- 08'10h a 10'50h: School
- 11'00h a 13'00h: Tennis Training
- 13'00h a 15'15h: Lunch and break
- 15'15h a 17'45h: Studies
- 18'00h a 20'15h: Tennis training + Physical training

From 14-15th to 18th years old

- 08'50h a 09'50h: Physical training

- 10'00h a 12'30h: School
- 12'30h a 14'30h: Tennis training
- 14'30h a 15'15h: Lunch and break
- 15'15h a 17'45h: School
- 18'00h a 19'30h: Tennis training

Prices

- Registration fees and booking place: **200,00** euros/year
- One Year Program: **1,000.00** euros/month
 Inclusive of : * Tennis training
 * Physical training
 * Psychological training
 * Studies
 * Tutorship
- Medical Care : **35,00** euros/month
- Licence : **30,00** euros/twice a year
- Travel Fund : **150,00** euros/ quarter (the travel expenses and the tournament enrolment fees, as well as repair of the material, will be deducted from this provision .They will be requested on a quarterly basis according to the expenses of each player).
- Accommodation (inclusive of bed, breakfast and dinner, laundry service and transfers to the C.A.R.(From Monday to Friday : **550,00** euros/month
 Whole week : **800,00** euros/month
 - Lunch at the C.A.R. is not included . Approx. Price is 10,00 € each

The above prices are in force for the academic year 2008-2009 and are annually revised.

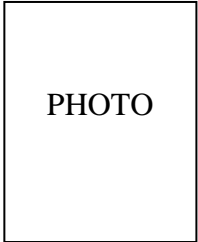
Documentation

Students must provide the following documentation:

- Photocopy of identity card or passport
- 2 photographs
- Online Registration Form duly completed.
- Proof of payment of the registration fees.

Documentation required by the school :

- Copy of the last school report .
- Registration form
- 4 photographs



REGISTRATION FORM

PROGRAM	ONE YEAR PROGRAM	
NAME AND SURNAME:		
ADDRESS :		
ZIP CODE :		
CITY :		
COUNTRY :		
HOME PHONE :		
MOBILE PHONE :		
E-MAIL :		
BIRTH DATE :		
PASSPORT No :		
FATHER'S NAME :		
MOTHER'S NAME :		
LICENCE No :		
BOARDING :		PLEASE STATE IF REQUIRED